

DIGITAL OPEN WEEK



UNIVERSITÀ
DI PADOVA

PC2

Personal Construct Psychology and Counselling

First-Level University Master's Programme

Academic Years 2026-2028

Programme Director: Prof. Sabrina Cipolletta

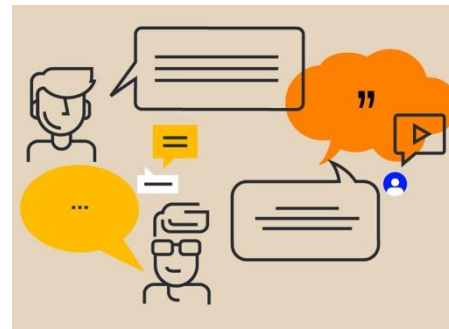
Department of General Psychology · University of Padua
In collaboration with the University of Hertfordshire (UK)





1. Intro key-words
2. Minimum entry requirement
3. Classes
4. Traineeship
5. Final dissertation
6. Career opportunities
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Testimonials





1. Studying at the University of Padua

Founded in **1222**,
with over **70,000** students,
2,200 professors and researchers,
32 Departments,
the University of Padova is one of Europe's
oldest and most prestigious seats of learning





THE UNIVER-CITY

- **City-campus**
- **Student-centred** town
- Unique setting:
UNESCO World Heritage Site
- **Strategic** position



2. Studying in an international environment

- ✓ Partnership with the Department of Psychology, Sport, and Geography of University of Hertfordshire (UK)
- ✓ Students and professors from all over the world
- ✓ English as a medium of instruction



3. Learning in practice

- ✓ A two-year short specialization programme that trains professionals in the clinical (including psychotherapy), educational, developmental, and organizational fields
- ✓ 301 hours of lessons + 300 hours of traineeship
- ✓ Active learning and training on the job as methodologies

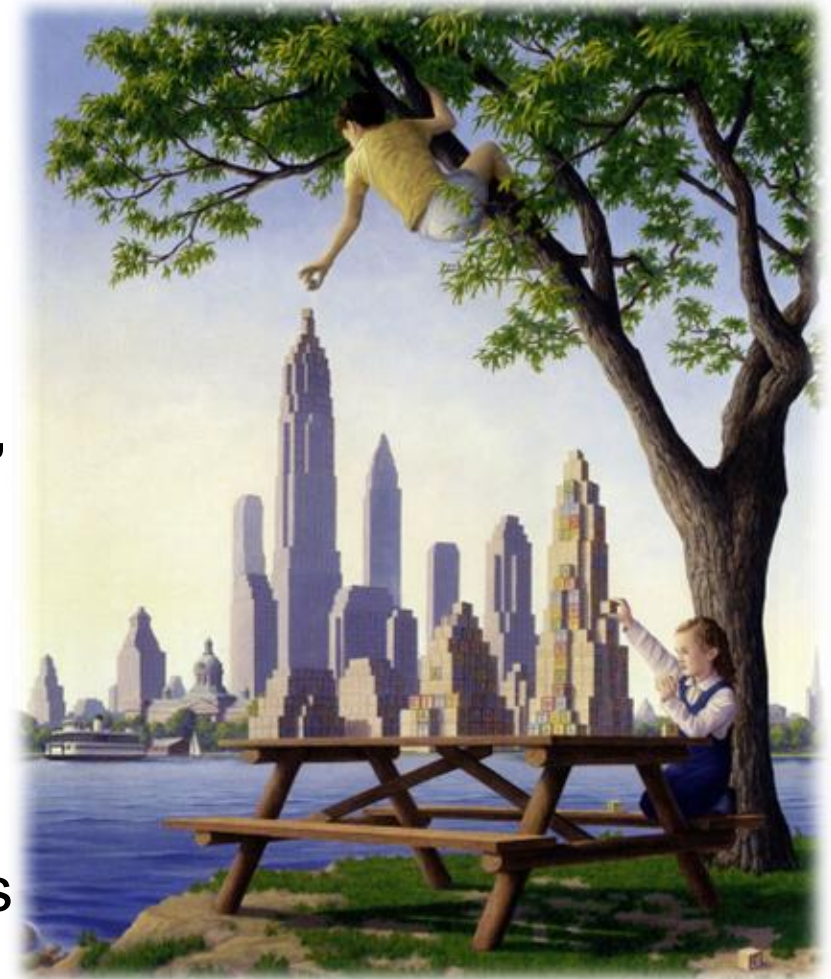




4. The person at the center

The Personal Construct Psychology (PCP) is interested in how people give meaning to their experiences: «if you do not know what is wrong with someone, ask them, they may tell you» (Kelly, 1955, p. 241).

We are not interested in the truth or falsehood of the person's views but in the ways in which they view themselves and their relationships with others (credulous approach).





5. The relationship at the center

- ✓ The group as a mean of training
- ✓ A collaborative environment
- ✓ Openness and acceptance



2. Minimum entry requirement



The **minimum entry requirement** for the PC2 course is a **Bachelor's degree or equivalent** in the field of Humanities (e.g., Psychology, Philosophy and Sociology), Education (e.g., Elementary Education, Physical Education), Medicine, or another health or social care profession (e.g., Physiotherapy, Nursing, Social Work).



- Classes will be held **online** and will take place **twice per month** (usually on Saturday) for a duration of **7 academic hours each** (10 am-1 pm, 2-5 pm) and a total of **231 hours** (33 days).
- Seven full-day **workshops** (9 am-1 pm, 2-6 pm) will be held in-person and will take place within **two residential stays of 3-4 days**, one in Italy (May 2027) and one in UK (April 2028) for a total of **70 hours**.

*To obtain the final qualification, a **minimum attendance of 70%** of total 301 class hours is mandatory.*





The **traineeship** will be carried out in the student's country of residence and will consist of **300 hours** dedicated to **either practical activities** within public or private services in one of the following areas - clinical, healthcare, educational, social, or organizational - **or a project work assignment.**





The **final dissertation** consists of an **independent research project** (a case study or the report of the traineeship experience) of max 10,000 words on an approved topic of your choice.

At the end of the course students will present and discuss their work in class.



Students will be able to offer **assessment, counselling, and intervention** in the **clinical, educational, developmental, and organizational fields**.

The course trains professionals in the areas of **health, well-being, social care, and education**, as well as those who work in public administrations, agencies and companies that provide services to the person, NGOs, and non-profit organizations, in national and international contexts.



Open badge





Programme



PCP AS A THEORY OF PRACTICE



Theoretical foundations and practical applications of Personal Construct Theory for understanding interpersonal relationships and developing counselling and support skills.

Epistemological principles and perspectives on the relationship between knowledge and reality within a constructivist framework.

Topics include conceptions of the person, corporeality, transitions, diagnostic constructs, role, and dependency relationships.



PCP IN PRACTICE



Study of some of the main areas in which constructivist theory is applied. Models of intervention will be presented in the areas of end-of-life and grief, groups and organizations, migration and refugees, ageing, childhood, and others.

OTHER PSYCHOTHERAPEUTIC APPROACHES



Theoretical assumptions and intervention models of the main psychotherapeutic approaches: cognitive-behavioural, psychodynamic, humanistic, and systemic approaches. Application examples will be provided, stimulating critical comparisons between the approaches.



TOOLS AND METHODOLOGY

Main methods for psychological assessment and research.

Contents will concern: interview techniques, generation of research questions and hypotheses, different types of variables and their measurement, reliability and validity of the measures employed for data collection, and the main methods of diagnosis and intervention, focusing on constructivist tools, including repertory grid techniques.





GENERAL PSYCHOLOGY AND APPLIED NEUROPSYCHOLOGY



Basic psychological knowledge in perception, memory, emotion, cognition and action and their application in clinical settings. Study of brain structures and functions related to psychological processes and behaviour. Neuroanatomical relationships with major neuropsychological syndromes and their application through case studies.



ETHICS

Theoretical and normative knowledge for a critical and conscious understanding of codes of ethics for psychological intervention and research.



SOCIAL PSYCHOLOGY



Main theories and models investigating the relationship between the individual, society, and culture and how they influence each other. Study of interpersonal relationships and communication.

PRINCIPLES OF PSYCHOTHERAPY RESEARCH

Main models of research in psychotherapy. The topics will include general aspects of research in psychotherapy, major constructs and measurement tools, and both process and outcome research.





DEVELOPMENTAL AND FAMILY PSYCHOLOGY



Theoretical and methodological assumptions of developmental psychology. Study of the developmental trajectories and mechanisms responsible for change. Skills to work with minors and families: assessment interviews, intervention models, psycho-educational projects in schools.

MENTAL HEALTH AND PSYCHIATRY



Principles of psychiatry and psychopathology: pathogenetic models, categorization and diagnosis of disorders, clinical and therapeutic principles.

- **Classes start:** December 2026
- **Classes end:** June 2028
- **Duration:** Two-year
- **Venue:** online-Padova-Hertfordshire
- **Language:** English
- **ECTS:** 60
- **Teaching method:** Blended (Online + Face-to-face workshops)
- **Mandatory attendance:** 70%

AY	Day	Date	Mon	Year	h	PROFESSOR	TEACHING	
	Saturday	12 Dec	2026	7	10am-5pm CET	Sabrina Cipolletta/D. Winter	Consultation in personal construct practice/Personal construct psychology	5th ed. only
	Saturday	19 Dec	2026	7	10am-5pm CET	Cipolletta/Winter	Consultation in personal construct practice/Personal construct psychology	5th ed. only
	Saturday	16 Jan	2027	7	10am-5pm CET	Roberta Cacioppo	Applied ethics	
	Saturday	30 Jan	2027	7	10am-5pm CET	Stefano Zanone	Basic concepts of psychopathology	
	Saturday	13 Feb	2027	7	10am-5pm CET	Massimo Grassi	Basic concepts of Psychology	
	Saturday	27 Feb	2027	7	10am-5pm CET	Stefanie Schmeer	Theories and models in social psychology	
	Saturday	13 Mar	2027	7	10am-5pm CET	Gioia Bottesi	Cognitive-behavioural approach	
	Saturday	3 Apr	2027	7	10am-5pm CEST	Giovanna Mioni	Applied neuropsychology	
	Saturday	17 Apr	2027	7	10am-5pm CEST	Nicola Cellini	Applied psychophysiology	
	Saturday	8 May	2027	7	10am-5pm CEST	Andrea Spoto	Methodological principles of psychological assessment	
	Saturday	15 May	2027	7	10am-5pm CEST	Vivien Burr	Qualitative methods	
WORKSHOP	Thursday	27 May	2027	10	10am-7pm CEST	Sabrina Cipolletta	PCP in the group practice	
	Friday	28 May	2027	10	9am-6pm CEST	Giulia Bassi	Innovative technologies and methods of intervention	
	Saturday	29 May	2027	10	9am-6pm CEST	David Winter	Introduction to PCP methodology	5th ed. only
	Sunday	30 May	2027	10	9am-6pm UK	Stefano Zanone	Interventions in mental health	5th ed. only
	Saturday	12 June	2027	7	10am-5pm CEST	Anna Spagnolli	Communication and new technology	
	Saturday	26 June	2027	7	10am-5pm CEST	Silvia Salcuni	Care relationship analysis and development techniques	
	Saturday	3 Jul	2027	3,5	10am-1pm CEST	Susan Bridi	Interview and communication tools	
SUMMER BREAK								
	Saturday	4 Sep	2027	3,5	10am-1pm CEST	Susan Bridi	Interview and communication tools	
	Saturday	11 Sep	2027	7	10am-5pm CEST	David Winter/Bridi	Personal construct psychotherapy	Consultation practices
	Saturday	18 Sep	2027	7	10am-5pm CEST	David Winter/Bridi	Personal construct psychotherapy	Consultation practices
	Saturday	2 Oct	2027	7	10am-5pm CEST	David Winter/Susan Bridi	Personal construct perspectives on psychology	Consultation techniques
	Saturday	9 Oct	2027	7	10am-5pm CEST	David Winter/Susan Bridi	Personal construct perspectives on psychology	Consultation techniques
	Saturday	16 Oct	2027	7	10am-5pm CEST	Harry Procter	Interventions with families	
	Saturday	30 Oct	2027	7	8am-11am/ 12am-3pm	Peter Caputi/Michael Mascolo	PCP methodologies	Ethics and PCP
A.Y. 2027-20	Saturday	6 Nov	2027	7	8am-11am/ 12am-3pm	Peter Caputi/Michael Mascolo	PCP methodologies	Ethics and PCP
	Saturday	13 Nov	2027	7	10am-5pm CET	David Winter	Application with particular client groups	
	Saturday	15 Jan	2028	7	10am-5pm CET	Alessio Porreca	Models and tools in the interventions with children	
	Saturday	22 Jan	2028	7	10am-5pm CET	David Winter/Paola Rigo	Humanistic approach	Psychodynamic approach
	Saturday	5 Feb	2028	7	10am-5pm CET	Marco Gemignani	Interventions with refugees and immigrants	
	Saturday	19 Feb	2028	7	10am-1pm/ 3pm-6pm	David Winter/J. Raskin	Psychotherapy research and evidence based practice	PCP epistemology formulations
	Saturday	26 Feb	2028	7	10am-1pm/ 3pm-6pm	David Winter/J. Raskin	Psychotherapy research and evidence based practice	
	Saturday	4 Mar	2028	7	10am-5pm CEST	Diego De Leo	Interventions for suicide prevention	
WORKSHOP	Sunday	31 Mar	2028	10	9am-6pm CEST	David Winter	Extending the range of convenience of personal construct psychology	5th ed. only
	Saturday	1 Apr	2028	10	9am-6pm UK	Ian Gillman-Smith	Giving evidence in court	
	Sunday	2 Apr	2028	10	9am-6pm UK	Joanne Robinson	Interventions in Childhood	
	Saturday	6 May	2028	7	10am-5pm CEST	John Fisher	PCP counselling and organisations	
	Saturday	13 May	2028	7	10am-1pm/5pm-8pm	Sally Robbins/Robert Neimeyer	Working with Older People	Intervention in loss and death
	Saturday	27 May	2028	7	10am-1pm/5pm-8pm	Sally Robbins/Robert Neimeyer	Working with Older People	Intervention in loss and death
	Saturday	10 Jun	2028	7	10am-5pm CEST	Guillem Feixas	Assessment of dilemmas and conflict	
	Saturday	17 Jun	2028	7	10am-5pm CEST	Lisa Fellin	Systemic approach	
301 of 7h + 70h workshop								

PCP teachings

Other teachings

Workshops

- **Minimum available spots:** 11
- **Maximum available spots:** 40
- **Total enrollment fee:** 3.229,00 €
(1° instalment: 2.022,50 €; 2° instalment: 1.206,50 €)
- **Administrative Office:** Dipartimento di Psicologia generale, DPG
- **Information: Settore Master e formazione continua**
via Ugo Bassi 1, 35131 Padova
tel. 049 827 6373/ 6374 - fax 049 827 6386 (Mon-Fry 10-12 am)
formazionecontinua.lauream@unipd.it -
titoliesteri.lauream@unipd.it

Pre-registration

Deadline: **6th October 2026**

The pre-registration application needs to be filled out **online** and includes the payment of the contribution of € 30.00

Within the pre-registration application :

1. **Curriculum;**
2. Thesis; other publications; other titles that the candidate deems useful.
3. Copy of a valid personal **identity document** (copy of valid passport, if non-EU citizens);

Instructions: [PICA - Università degli Studi di Padova \(cineca.it\)](http://PICA - Università degli Studi di Padova (cineca.it))

Deadlines



- Pre-application submission deadline: **October 6, 2026** (12:30 p.m. CET close online application filling procedure)
- Publication of ranking list: from **October 15, 2026**
- Registration deadline: by **October 29, 2026**
- Replacement deadline: by **November 10, 2026**



✓ **Is there a maximum threshold for absences?**

Yes, the maximum absence limit is **30%** of the total class hours.

✓ **How do I plan my traineeship?**

Students will be required to find their own placements and supervisors and the programme will support them in doing so

✓ **Are there any forms of facilitation?**

Yes, for this short specialisation course, you can ask [Personal Construct Education Trust](#) for funding





0498277324



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Website: https://uel.unipd.it/en/masters/pc2-personal-construct-psychology-and-counselling/#requiredCollapse_3





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